



THE AMERICAN BOARD OF ANESTHESIOLOGY, INC.

A Member Board of the American Board of Medical Specialties

4208 Six Forks Road, Suite 900, Raleigh, North Carolina 27609-5735
Phone: (866) 999-7501 | Fax: (866) 999-7503 | Website: www.theABA.org

MOCA PART II: HOW TO SELF-REPORT LLSA (CME)

Step 1: Access the ABA's website at www.theABA.org, and click on **Physician Login**.

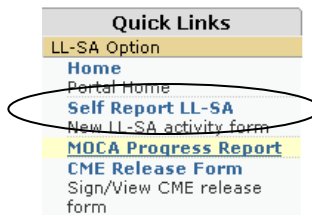
Step 2: Enter your ABA ID or Social Security Number and password. **If you have not set up an account or have forgotten your password, click on **Account Setup** from the Quick Links on the left side of the page.

Step 3: Once you've logged in, you may access your LLSA (CME) Activity List by clicking on **Submit/Review completed LLSA activities**.

As an Anesthesiologist, you can...

Update your medical license and USMLE information
Apply for Primary Certification
Review deadlines and exam dates
View your online documents
Submit/Review completed LL-SA activities
You have 0 to complete

Step 4: In order to add a new LLSA (CME) Activity to your portal account, click on **Self Report LLSA** under Quick Links.



Step 5: Enter the date you completed the CME activity in the **Date Completed** field.

Step 6: Enter the sponsor's name of the CME activity in the **Activity Sponsor** field.

Step 7: Enter a brief description of the CME activity in the **Event Description** field.

Step 8: Select one of the following from the Drop Down box in the **Category** field:

ACCME Category 1: The CME activity is sponsored by an Accreditation Council for Continuing Medical Education (ACCME)-approved program or is eligible for credit through AMA's Physician Recognition Award (PRA) Program. Additionally, you can request LLSA Category 1 credit for CME activities approved as Category 1-A by the American Osteopathic Association.

Other: Documented: The activity is neither sponsored by an ACCME-approved program nor eligible for credit through AMA's PRA Program, but you have documentation supporting your participation (e.g., foreign CME, ACLS training).

Other: Undocumented: The activity is neither sponsored by an ACCME-approved program nor eligible for credit through AMA's PRA Category 1 Credit, and you do not have documentation to support your participation (e.g., committee membership, publications).

Step 9: Enter the amount of CME credit you were granted for the activity in the **Requested Credit** field. *** Note: Credit should be entered in .25 increments.

Step 10: Check whether the activity was a Lifelong Learning activity or a Self Assessment activity in the **Activity Type** field:

Lifelong Learning activities are designed to increase your knowledge (e.g., lectures and conferences).

Self-Assessment activities are designed to help you determine your current level of knowledge (e.g., question and answer activities).

Step 11: Select 'Yes' or 'No' in the **Attestation** field.

Step 12: Select the general competency/competencies the CME activity pertained to in the **General Competencies** field:

Medical Knowledge about established and evolving biomedical, clinical, and cognate (e.g. epidemiological and social-behavioral) sciences and the application of this knowledge to patient care.

Patient Care that is compassionate, appropriate, and effective for the treatment of health problems and the promotion of health.

Professionalism as manifested through a commitment to carrying out professional responsibilities, adherence to ethical principles, and sensitivity to a diverse patient population.

Practice-Based Learning and Improvement that involves investigation and evaluation of their own patient care, appraisal and assimilation of scientific evidence, and improvements in patient care.

Systems-Based Practice as manifested by actions that demonstrate an awareness of and responsiveness to the larger context and system of health care and the ability to effectively call on system resources to provide care that is of optimal value.

Interpersonal and Communication Skills that result in effective information exchange and teaming with patients, their families, and other health care professionals.

LL-SA Activity ID:

Date Completed (MM/DD/YYYY)

Activity Sponsor


Event Description

Category

Requested Credit (Please report credit in increments of 0.25)

Activity Type Lifelong Learning Self Assessment

Attestation

 **Statement**
I attest that this activity was related to my practice

Yes No

General Competencies

<input type="checkbox"/> Medical Knowledge	<input type="checkbox"/> Professionalism
<input type="checkbox"/> Patient Care	<input type="checkbox"/> Systems-Based Learning
<input type="checkbox"/> Practice-Based Learning	<input type="checkbox"/> Interpersonal and Communication Skills

[Save Changes >>](#)

Step 13: Click on **Save Changes**.

Please retain your LLSA (CME) documentation! Activities are subject to audit for a period of three years from the date you **report** the activity to the ABA.

NOTE: Do not mail or fax LLSA (CME) documentation to the ABA prior to auditing! When you have been scheduled for an audit, the ABA will contact you about the activities for which you must submit documentation.